

Identity

- Lady 'O' your curves are focussed mainly around your boobs and tummy area and take on the characteristic 'O' shape.
- You have a great neckline plus a fantastic pair of legs that could stop a black cab at half a mile.
- You know the story, when you put on weight you're never surprised where it goes, always on the tummy.

By the letter

- a. Your underwear's job is to nip you in and get your waist out and about, so make sure that you invest in some body sculpting foundation garments. A corselette with a slight plunge to the front is probably your best bet, as that will give you great all over control whilst letting you experiment with necklines. Opt for quite a firm support, which may feel slightly restrictive at first but you'll be a master before you know it and able to throw it on in mere minutes.
- b. With you it's all about, focus, focus and FOCUS. You've set the wheels in motion already, so the rest is all about guiding the admiring eyes exactly where you want them. You're used to drawing attention away from your middle but now you can use it as an accent point to compliment your whole shape structure.
- c. As mentioned before, experiment with necklines. You may have large boobs but now after a little waist control you can use V or scoop necks to show them off without fearing what lies beneath.
- d. Fit and flare techniques like the empire line should be a definite pit stop for you too, instant Lady 'X'.
- e. Because of your slim hips and legs, you don't ever need to fear print or an 'A-line' downstairs, just make sure that your 'focus' buzzword is ringing in your ear and that you always know where you're highlighting.

Final Word

You may have been feeling like half a women for quite a while now: you like your boobs and you like her legs, but you ignore your middle, like a magician's assistant in those boxes. Give yourself a bit of planning and a lot of love and never look back gorgeous.

JP x @effortmade