



ex·qui·site
[ek-skwi-zit]

Adj.

- i. Of such beauty or delicacy as to arouse intense delight
- ii. Excellent; flawless.

Identity

- Lady 'X' you have a traditionally curvy figure and it's proportionally well balanced.
- You nip in at the waist and have great boobs and a lovely bum. Classic.
- You tend to put weight on in those hot spot areas and also your thighs.

By the letter

- a. Your underwear should smooth and support your body. Use long line control shorts and a good bra rather than any heavy sculpting.
- b. With you it's all about, fit, fit and FIT. You should ALWAYS make sure your clothes fit to form around the waist or your silhouette will appear larger than it is (think bodycon rather than smock dress as your boobs could give you a 'tent effect' before you've even lit the camp fire).
- c. You MUST embrace your thigh shape: they are your friends and when shown off as a full picture along with the rest of your figure, will flatter you more than a whole choir of boy-bands at full blast.
- d. You should always know what drawer your waist belts are in, just in case your outfit is a little unstructured and could do with a nudge in the right direction. If you don't have one, stop reading now and get to the shops. GO.
- e. Think of your legs in the same 'X' shape as your body and wear dresses that cut off just above the knee, so that you can reveal the 'nip in' before the calves curve out beautifully.

Final Word

If you look in the mirror and a little voice in your head tells you that curvy girls should keep it all under wraps, then kindly thank that voice and tell it to shove off. Be brave and let your curves see the light of day. Don't deny yourself a compliment.

JP x
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