

## **Identity**

- Lady 'b' you're fairly trim up top, then curve out towards your thighs and bum.
- My what a waistline you have, not to mention great boobs and lovely shoulders, you're practically a pin up.
- Any weight increase probably sits on your thighs, leaving your perfect waist feature intact.

## By the letter

- a. Underwear wise, invest in a good bra that may or may not give a little boost if necessary. Add to this, body sculpting long shorts for a smooth silhouette and you should notice a little more body balance starting to kick in.
- b. With you it's all about, proportion, proportion and PROPORTION. Whilst you may feel all eyes go southwards when they look your way, by making sure your boobs and shoulders reflect your bottom half 'b' shaped curves, you'll be smack bang in proportion and their eyes will take in every inch of you. Be prepared.
- c. Oh hi, Empire line, what a flatterer you are. Use and abuse this very helpful cut, either in a full-skirted dress finishing at the knee or a non-clingy maxi in great fabric, with a lovely fall to it. YOU highlight one of your slimmest areas and THEY can't stop complementing you.
- d. Try boosting your shoulders with pads in your jackets, whilst making sure they fit like a glove and crop off before hitting your curves, or you'll give the impression of being the same size from your thighs upwards.
- e. V-necks are great proportion tricksters too, they provide the perfect bridge between your new shoulder line and the emphasis you've just given to your waist. Beautiful.

## **Final Word**

All in all, it's fairly simple, you've got every single ingredient at your disposal already for stopping traffic. You are pure potential baby, we are not worthy.

JP x @effortmade